# **CCLT Pre-Camp Swim Test**

Complete the Unit Swim Classification Test. This test must be led by an approved-by-the-Council unit leader, and conducted by a recognized/certified Instructor. Record the results of the Swim Classification test on the form provided. Details on the requirements for the Swim Classification test are found on the back of this sheet. Any Scout not listed on the Unit Swim Classification Test Form will be labeled a non-swimmer until he or she completes a swim classification test at camp. Upon arrival in camp, we will confirm your unit roster, and your unit will be able to proceed with the remaining orientation. Those that have completed the swim test will not need to complete a swim check at camp.

#### SPECIAL NOTE: When swim test are conducted away from camp, or at the point of activity, the Camp Aquatics Director shall at all times reserve the authority to review or retest all participants to ensure that standards have been maintained.

#### The following steps must be followed to complete the unit swim classification test prior to camp.

- The swim classification test must be conducted by one of the following individuals: Aquatics Instructor (BSA Camp School trained), Aquatic Supervisor (BSA Camp School trained), BSA Lifeguard, certified lifeguard, swimming instructor, or swim coach. When the unit goes to summer camp, each individual will be issued a buddy tag under direction of the Camp Aquatics Director.
- Attach a copy of the certificate card of certifying instructor, to the unit swim classification record.
- Complete the classification test after January 1, of the summer camp year. (Any illness or injury to a Scout or Scouter between the swim test and camp needs to be addressed at camp.)
- Bring unit swim classification record to the two-week prior meeting.

#### **Swim Classification Procedures**

The swim classification of individuals participating in a Boy Scout of America activity is a key element in both Safe Swim Defense and Safety Afloat. The swim classification tests should be renewed annually, and no more than 6 months prior to summer camp.

All persons participating in BSA aquatics are classified according to swimming ability. The classification tests and test procedures have been developed and structured to demonstrate a skill level consistent with the circumstances in which the individual will be in the water. The Swimmer's Test demonstrates the minimum level of swimming ability for recreational and instructional activity In a confined body of water with a maximum 12-foot depth, and with shallow water footing, or a pool or pier edge always within 25 feet of the swimmer. The various components of each test evaluate the several skills essential to the minimum level of swimming ability. Each step of the test is important, and should be followed as outlined below:

**Swimmer's Test -** Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner, using one or more of the following strokes: breast stroke, trudgen, or crawl; then swim 25 yards using an easy resting back stroke. The 100 yards must be swum continuously, and include at least one sharp turn. After completing the swim, rest by floating.

**Beginner's Test -** Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before, and return to starting place.

## Unit Swim Classification Test Record

### Unit # \_\_\_\_\_ Date of swim test: \_\_\_\_\_

Name	Non-Swimmer	Beginner	Swimmer
Name of Person conducting test <b>(include copies of certification)</b> .			
Print Name: Signature:			
Certification/License:			
Issuing Organization:			
Unit Leader:Signature:			